

# CUNY MINDFULNESS & CONTEMPLATIVE STUDIES (CMCS) INAUGURAL GATHERING

March 24, 2023  
10AM - 12:15PM

## You're invited

- Join the cross-CUNY mindfulness community
- Discuss contemplative research, practice, & pedagogy
- Learn about current projects and share your own ideas
- Practice mindfulness together
- Connect with colleagues

*Co-sponsored by the CUNY Office of Faculty Affairs and  
the CUNY Innovative Teaching Academy (CITA)*

To register: <https://tinyurl.com/38jvyxrv>